

Laura's Weight Loss Story

At only 28 years old, I was morbidly obese with extremely high blood pressure. My doctor referred me to Medi-Weightloss Clinics®.

The staff at Medi-Weightloss Clinics® helped me realize that this program is about a lifestyle change, not about just being on a diet. I took that lesson to heart, and have strived not only to lose weight, but to change my life. In pursuit of my change, the staff encouraged and supported me throughout the whole process. I could tell they truly cared about my health. As the months continued I enjoyed noticing the little things that came with my weight loss. After only two months of being on the Medi-Weightloss Clinics® Program, I was taken off of my blood pressure medication.

During the next nine months, I lost over 100 pounds! † Because I saw results every single week, it motivated me to keep going. Medi-Weightloss Clinics® taught me healthy eating habits, the value of exercise, and the importance of living a healthy lifestyle. The benefits of being healthy have been priceless! I have the energy to play with my kids. I am happier, more confident in myself, and I even started my own business. Before my weight loss, I would not have had the confidence to sell anything, much less start a business. Perhaps the most special aspect of my weight loss journey is the lifetime friendships I developed with the people that helped me with my goals.



"Thank you for giving me my life back!"

Laura lost 102 pounds!

Medi-Weightloss Clinics® really is The one that works!® I have referred many of my friends because I want everyone to have this opportunity to change their lives. Thank you Medi-Weightloss Clinics® for giving me my life back!

— **Laura from Charlotte, NC**

Results not typical.